



UNIQUE YOGA RETREATS

Yoga for the spiritual sports enthusiast

Reservation Form for Santa Fe

We look forward to having your join us on our retreat.

Please print, fill out, sign and return to the address below or fax to: 408.377.8524

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: _____ hm _____ cell

Fax: _____ Email Address: _____

Emergency contact information:

Name: _____

Phone: _____

T -Shirt Size: Small _____ Medium _____ Large _____ XL _____

Since we custom design each program to the background, physical abilities, and interests of each group, please answer the following questions so we can obtain a more indepth picture of who you are:

Gender: M ___ F ___

Age: _____

Occupation: _____

Industry: _____

How long have you been practicing yoga? _____

How often do you practice yoga? ___ times a week, or ___ times a month

What form of yoga do you practice? _____ Iyengar, _____ Anasara, _____ Yin,
_____ Gentle, _____ Restorative, _____ Bikram, _____ Hatha, _____ Ashtanga,
_____ Other

Do you meditate? Yes/No, If yes, briefly explain your practice

What motivated you to sign up for this retreat, and what are your goals. What do you hope to experience, feel, gain, learn, or work on? Please share anything else that would be useful for us to know about you? _____

Food allergies, likes/dislikes you may have:

Any medications you are currently taking:

Do you have any medical conditions or injuries that we should know about:

Any special health considerations, such as mobility, site, or hearing. Please explain: _____

If you do have any of the above three issues, we can provide special yoga instructions and accommodations for you, but request that you bring your own assistant along as we will not be able to provide individual assistance with hearing, walking, dining, getting on and off vehicles, or other personal needs.

Do you snore or have sleep apnea? _____

Shuttle services between the Albuquerque airport and the two resorts in Santa Fe is covered by us. Please let us know when you will be arriving so we can tell the shuttle service. We will send a shuttle schedule with your reservation confirmation. They will be expecting you. All other transportation during the week is covered by us also, so you definitely will not need a car.

Time of arrival in Albuquerque: _____, Time of departure from Albuquerque: _____

Choose Your Accommodations

Pricing includes most meals, all transportation and tours, the yoga program, and your accommodations.

There are a select number of types of rooms available. The earlier you register, the more chance you have of obtaining the room type of your choice. Call if you have any questions.

Registration before and on August 15th:

____ 1600 double or triple casitas (some more spacious rooms are available at Sunrise Springs with an additional zen sitting room to accommodate the third person). Double rooms have two double beds, or if you are a couple, you may request one king size bed instead. If you are placed in a triple room at Sunrise Springs, you will be moved to a double room at La Posada.

____ 2000 single spa room with double bed, standard king at La Posada

____ 2200 single king casitas Sunrise, standard king at La Posada*

____ 2350 single king casitas Sunrise, fireplace rooms at La Posada*

____ 1800 couples king casitas with extra zen room Sunrise+, fireplace rooms at La Posada

Registration after August 15th:

____ 1900 double or triple (some more spacious rooms are available at Sunrise Springs with an additional zen sitting room to accommodate the third person). Double rooms have two double beds, or if you are a couple, you may request one king size bed instead. If you are placed in a triple room at Sunrise Springs, you will be moved to a double room at La Posada.

____ 2300 single spa room with double bed, standard king at La Posada

____ 2500 single king casitas Sunrise, standard king at La Posada

____ 2650 single king casitas Sunrise, fireplace rooms at La Posada

____ 2100 couples king casitas with extra zen room Sunrise+, fireplace rooms at La Posada

*Couples sharing a king casita (without the extra zen room), pay the double rate. Add \$150 to the double rate if you would like a fireplace room at La Posada.

Only people staying in king rooms at La Posada can request to upgrade to a fireplace room.

+The king casitas with the zen room are for couples only.

- Recommended portorage and resort daily maid service tipping is not included.

Roommate request: (1)_____ (2)_____

We will match roommates to the best of our abilities, but can not guarantee compatibility.

Sunrise Center does have yoga props, but La Posada does not. Will you bring your own equipment, or would you like us to purchase for your use during the retreat, and for you to take home? _____Bring Own _____Please Purchase (select below)

You may also order at www.gaiam.com. If you select to have us order yoga props for you, please include the fee for that in with your deposit. This price includes tax and transport.

___Thick eco mat (\$55)

___Wool blend blanket (\$50)

___Block (\$13)

___Block Set of 2 (\$25)

___Strap (\$12)

___Bag for mat and strap only (\$40) or _____ Bag to hold mat, blanket, block and strap (\$40)

Scheduling a Spa Treatment

We have created 6 days that are full of sensory experiences. We realize that you want free time to explore on your own and to enjoy the spa experience. You may want to schedule a spa treatment at either Sunrise Springs or La Posada. To view what they have available, refer to their websites, www.innatsunrisesprings.com and www.laposadadesantafe.com. The times that you will have for wondering or spa treatments are as follows:

Tuesday (11/1) From the time you arrive at Sunrise Springs until dinner (6 pm)

Friday (11/4) You will have a free afternoon and evening in Santa Fe. There is a complimentary chef's reception from 4 to 5. And the galleries are open at night from 5 to 8 for exploring.

Saturday (11/5) You are on your own to enjoy the museums, markets, galleries, from lunch until our art program at 4 pm.

Sunday (11/6) Our program ends after lunch, approximately 2 pm.

Wednesday and Thursday are very full days with tours and yoga.

Payment and Registration Information

The deadline for early registration is August 15. A non-refundable deposit of \$600 reserves your space. Accommodations are on a first come first serve basis. Space is extremely limited. We realize that you are making a commitment to go. Since we are holding a space for you, the final payment is expected by, and non-refundable after September 1, 2005. If you provide the full payment before that date and you have to cancel, only your deposit money will be retained.

Please make checks payable to: Unique Yoga Retreats, and mail to:

Unique Yoga Retreats • 4979 Brewster Ave • San Jose • CA 95124 • Fax: 408.377.8524

Note that we are working on obtaining PayPal and accepting MasterCard and Visa payments. Please call us if you are interested in this form of payment.

Since unforeseen issues may arise, we recommend that you obtain travelers insurance. You may go to www.insuremytrip.com to select a policy. Policies differ in their coverage, some cover lost luggage reimbursement, flight delay, trip delay, medical coverage, etc. Make sure you know what qualifies as an acceptable reason for cancellation (personal or business conflicts usually do not), and read all the fine print before signing. If you have a pre-existing medical condition you can be covered for travel insurance but you must usually purchase and pay for the insurance when you provide your trip deposit. Processing your claim can take more than 6 weeks.

Once we receive your completed registration form we will provide a confirmation letter with details regarding what to bring, airport transfer information, and other useful facts to prepare you for your experience.

Please read the Release of Liability, Assumption of All Risks and Arbitration Agreement. By signing here, you accept the policy.

I have carefully read, fully understand, and agree to the Release Agreement and to the program as outlined on this registration form.

Name: _____ Date: _____

Email: gail@uniqueyogaretreats.com • Phone: 408.377.3746
www.uniqueyogaretreats.com

Liability, Assumption of All Risks and Arbitration Agreement

I understand that I enter into this retreat of yoga and adventure at my own risk. By my participation in this program I agree to take full responsibility for not exceeding my limits in the practice of yoga, and for any injury I may suffer in the practice of yoga or retreat activities. I voluntarily assume a known risk in my participation in these classes or activities. It is my responsibility to comply with any limitations I have, and to ascertain that there is no medical reason to prevent my participation. In consideration for the welfare of Unique Yoga Retreats, I waive any claim that I might have at any time for injury, damage or harm of any sort against UYR or any person or entity involved therewith and to their successors and assigns.

I am aware that there are inherent risks whenever traveling, whether domestically or internationally. By signing, I assume these risks.

I also agree that if I bring personal property to the retreat, and store it there, I will do so at my own risk and that none of the released parties shall have any liability in the event of the loss, damage, unauthorized use (by any person other than a released party), theft or injury resulting from the personal property.

This release waives all rights under California Civil Code, Section 1542 which provides: "A general release does not extend to the claims which the creditor does not know to exist in his favor at the time of executing the release, which if known to him must have materially affected his statement with the debtor."

If events beyond the control of URY cause them to alter my vacation arrangements, I will be refunded the funds that they receive. URY can not accept any responsibility for any affect on me resulting from any event beyond their control. If a retreat is cancelled, all monies paid to URY will be refunded.

URL reserves the right to ask an individual to leave the retreat if the teacher feels that the person's continuing participation may prove detrimental to the individual or to the well-being and enjoyment of the other guests.

UYR is not liable for expenses not specified as included in the trip cost, but which may be required to get the participant from a trips start or end. UYR reserves the right to make route and hotel modifications as necessary to improve the trip's quality or to accommodate my comfort or well being.

I also grant UYR permission to take photographs or make video records of me and use it for promotional use, without financial remuneration. And also grant permission to others who may be engaged in third party or joint marketing efforts.

I agree that any dispute concerning, relating, or referring to this contract, brochures, or any other literature concerning my trip or the trip itself, shall be resolved exclusively by binding arbitration according to the then existing rules of the American Arbitration Association of San Francisco, California. Such proceedings will be governed by substantive California law excluding any application or considerations of the California Arbitration Act.

Now that I've waded through all this unpleasant, but necessary legal jargon, I'm ready for this delightful transformative experience!

I have carefully read, fully understand, and agree to the above contract.

Name: _____ Date: _____

Email: gail@uniqueyogaretreats.com • Phone: 408.377.3746
www.uniqueyogaretreats.com